

The
Intercom

Official Newsletter of the Interlake Sailing Class Association



www.interlakesailing.org

June 2018

**2017 ISCA Travelers' Series Winner
Brad Balmert**





HIT THE WATER FLYING

Quantum not only has a team of expert Interlake sailors, we also have full service lofts where you sail the most. All of this enables our team to make sure you have the best possible experience sailing your Interlake.

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Need help on the circuit? Quantum reps are normally at all major Interlake events; but if not, feel free to contact Scott Savage or Bob Sagan with anything you need.

Top photos by Debbie Parker.

From the President

By Scott Savage, Interlake #1340



Sailing season is finally underway and it's already time to start getting ready for the upcoming events on the circuit. The Chiefs Regatta is in the books as is the Cattail at Jolly Roger. Congrats to the early season winners, it is clearly time for the rest of us to get our game on.

While attending the Chiefs Regatta at Leatherlips I was

reminded that our sport/hobby/lifestyle is indeed a lifelong endeavor. While attempting to recover from bad start in an early race, a voice from a boat on starboard tack calmly asked "are we going to tack sometime today Scott?" That voice was from Jim Boucher and he was quite right - I was not paying enough attention. The encounter has happened thousands of times in my sailing career but what made it stand out was that Jim is in his early 90's, and he was not only there but he and son Mark were pushing hard and competitive.

I have known many multi-generational sailing families and am still amazed at what they bring to our sport. The next time you get the privilege to sail with or against one of these icons take time to listen carefully and see if you can figure out how they did it. Someone asked me the other day how long I have been sailing. I gave it some thought answered 50 years and immediately realized I am truly just a rookie and hopefully just getting started. See you on the Circuit.



Sandusky One Design Regatta – photo by Phillip Miller



July 25-28, 2018

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Cover photo – Brad Balmert in 1384

Intercom Feature

2018 Interlake Nationals

Hosted by Edgewater Yacht Club

By Regatta Chairs: Rebecca Vardian, Kevin Bracy

Hello Interlakers!

Are you tired of winter? Looking forward to sun and wind as you sail your Interlake? A dedicated crew of people has started putting together this year's Nationals event and we're very excited to have you all join us!

A few highlights:

RACING – yes, there will be great racing! Edgewater (EYC) is a premier club on Lake Erie and supports racing multiple nights during the week throughout the summer season. Cleveland Race Week brings 100's of boats from dinghies to racing sleds for great competition and great parties. So, if you're looking for great race management with an amazing venue, come check it out!

WOMENS – We have verbal commitments from 16 women skippers (and we're looking for more!). It's going to be a great regatta! If you are willing to allow one of these great sailors to borrow your boat for the regatta, please contact Kevin Bracy. We will be matching sailors to boats in April.

JUNIORS – We're looking forward to having a great turnout of Junior sailors as well. If you're interested, let us know. We'll work to get you matched with a boat and put on a great event.

PARTIES – as the event organizers, we are going to

ensure that everyone has a wonderful time regardless of your final regatta position. We'll be celebrating Christmas in July, a Hawaiian Luau (poolside – weather permitting), and an Italian Feast. Bring your crew and be prepared to compete in holiday themed events for amazing rewards!

POKER RUN – don't want to race? Want to come be part of all the fun? WE WANT YOU! The Interlake Poker Run will be held on Friday, July 27. While the racers are out on the course, take a leisurely sail inside of the break wall and snap 5 pictures of Cleveland shoreline landmarks (all locations can be reached by land if you do not want to sail to them). Bring your pictures back to the club and trade your pictures for a 5 card poker hand. Best hands will be in line for amazing prizes!

Keep up to date with all of the events and activities on the 2018 Interlake Nationals Facebook page ("Like" the page to stay up to date!):

<https://www.facebook.com/2018-Interlake-National-Championship-484904788571310/>

There truly will be something for everyone at the 2018 Interlake Nationals. Block out your calendar and get in those vacation requests now! July 25-28, 2018 – you don't want to miss this event and we don't want to miss you!



Proposed Schedule of Events

Time	Event
Tuesday, July 24, 2018	
5:00 PM	Registration & Measurement (closes at 9:00 PM) Women's and Juniors Welcome Event
Anytime	Dinner / Snack – EYC has a full restaurant and bar. Food and beverages will be available and can be paid for with cash / credit.
Wednesday, July 25, 2018	
8:00 AM	Breakfast - Food and beverages will be available and can be paid for with cash / credit.
9:00	Registration & Measurement (Women's and Juniors closes at 10:30. Registration and Measurement for Nationals closes at 4:00)
11:00	Women's & Juniors' Competitors Meeting
Anytime	Lunch - Food and beverages will be available and can be paid for with cash / credit.
1:30	First Warning Signal (Women's & Juniors') Additional races may follow
6:30	National Race Committee (NRC) Meeting
7:00	Nationals and Masters' Competitor Meeting
7:30	Women and Juniors Awards
8:00	Christmas in July Events
Anytime	Dinner – there will be burgers, brats, and assorted grill food available for purchase from the grill. There will be club racing at EYC on Wednesday night, so there will be a good crowd.
Thursday, July 26, 2018	
AM	Breakfast - at the club or on your own.
10:00	First Warning Signal (Championship/Masters, Challenger to follow) Additional races may follow
	Lunch – Sailor's lunches will be available for purchase. Lunch will be on the water. The Club will be open for anyone on shore to purchase lunch as well.
6:00	Hawaiian Luau
7:00	Daily Awards & Luau Games
Friday, July 27, 2018	
AM	Breakfast - at the club or on your own.
10:00	First Warning Signal (Championship/Masters, Challenger to follow) Additional races may follow
	Lunch – Sailor's lunches will be available for purchase. Lunch will be on the water. The Club will be open for anyone on shore to purchase lunch as well.
4:00 PM	Poker Run pictures due
6:00	Italian Dinner
7:00	Interlake Class Meeting
7:30	Daily Awards
Saturday, July 28, 2018	
AM	Breakfast
10:00	First Warning Signal (Championship/Masters, Challenger to follow) Additional races may follow No warning signal to be made after 2:00 PM
After racing	National Awards Presentation
	Lunch –EYC restaurant and grill will be available for food and beverage orders – cash or credit.

We look forward to seeing you at EYC! Details on registration and the Notice of Race will be announced via the Interlake web site, Facebook, and the June Intercom.

Happy sailing!



Interlake Nationals - Event Run Down

What's happening while we are there?

An outline of what's happening – should help you with planning and packing of your trip

By Becky Vardian, Nationals Co-chairperson

Welcome to my home away from home! Edgewater Yacht Club. Kevin, myself and committee members have worked to leave no stone unturned to assure you not only have a great time racing but have a fantastic time while you are here. We both live close - approximately 20 minutes from the club and can answer questions to assist you with your trip to our home town. If there's anything you need to know we can help – if we don't know the answer – we will try to find it for you. If you've attended Cleveland Race Week – you have a general lay of the land. Cleveland Race Week One Design hosted over 110 boats during that event. Our event will be quite a bit smaller, however, this does not mean you should expect any less – EYC and all the volunteers are VERY excited to have you!

What's the weather doing? It IS Cleveland after all.

Currently the weather has been on the chilly side. We've experienced Sprinter this Spring (combination of Winter and Spring), a heatwave Memorial Weekend and a little SFALL this summer (combination of Fall and Summer). Temps are on the climb. Lake Erie is VERY High. Docks are stationary docks and very low in the water. We are climbing on to our boats rather than stepping down but nothing to concerning for us. The Interlakes will be using the hoists and these continue to work normally. Lake Erie is a shallow Lake and generally warms up quickly; however, the water temp as of June 7, 2018 is 63 degrees.

What should I pack / bring?

Racing: Be prepared for one extreme to the other – just like any other place we race. It's on Lake Erie but we experience PLENTY of drifters and of course there's the occasional chop – the kind that the crew takes the brunt for the skipper – you know what I'm talking about. We generally race outside of the break wall and EYC is a Safety-First Club – plenty of support boats and race committee will be on hand. We do NOT race far from shore. The committee is dedicated to finding the best wind conditions for us. They strive to get lines set quickly and efficiently.

For the Nationals, we plan to have 4 race / support boats on the water. 1 for the start / finish line. 1 mark boat. 1 judge / support boat and 1 support boat. There will be plenty of support across the course to ensure that race marks are set in a timely manner and should anyone need assistance, there will be someone there quickly to help you out.

Foulies and Life Jackets: I, personally, am a freeze baby so I have two sets on standby. I'm positive there are others that understand exactly what this means lol. Life jackets go without saying. I have 4 kayaks available to borrow – if your family is travelling and want to partake –



please bring jackets for them. Cleveland can get HOT too – very hot. Pack accordingly. I suggest layers.

West Marine is going to have a presence at the event for assistance with broken parts and last-minute needs. Possibly clothing – but that is currently being discussed. EYC has clothing to purchase as well if you forgot something. There is an excellent yard crew on site for other broken things if need be. For convenience, we are working with the club to be your “one stop” so you don't have to venture out and hunt for things, unless of course you wish to. If for some reason you do – we can help guide you.

Showers: The club has been recently re-modeled and the shower facilities on site at EYC are quite nice. Two showers in each. Ladies – the bathrooms have some toiletries and hair dryers. The bathrooms do have limited lockers in them. The pool has a bath house. Note: we've never run out of hot water.

Attire: The club is CASUAL. It's a racing club for sure. Clothing is required, but it's up to you what you wish to wear. There will be a Hawaiian Luau on Thursday and we'd love to see your favorite Hawaiian shirts if you are so inclined. There will be a family style sit down dinner (Italian with red sauce by the way / just in case you are thinking about that white shirt). There's a swimming pool on site so bring a bathing suit and your own towels (no towel services). Lounge chairs are first come first served.

Launching: There are multiple lift hoists at EYC – don't forget your bridle – there is a ramp but the hoists are suggested.

Continued on page 7

What can I expect when I get there?

You will enter the Yacht Club by entering the roundabout at the Park. The club is on the right-hand side along the Green Fence. Check in at the Guard Shack. There will be volunteers available in Coral colored T-shirts to help guide you where to put your boats/ parking all that fun stuff and direct you to the main campus to get your race bags. There are currently no other events at the same time – but this could change. The Wednesday night club races begin at 6 – people start rigging boats as early as 5. This involves a good number of people but should not give you any problems finding space, etc. The club is equipped to have several events happening at once. The guards will have a list of people attending our race ahead of time. We are working on getting your car parked inside – but if not, the Metroparks has designated parking along the fence for the club. Your boats will be inside and are securely locked behind the gate at night.

Breakfast and lunch are on your own. Breakfast sandwiches (egg, sausage cheese hot sandwiches – they are really good by the way) will be available to purchase for us during our event. Boxed lunches are available to pre-order (we've requested easy to eat wraps and have informed the kitchen of the challenges with bread and food that falls apart on the water – we are nicknaming these Rail Meat Wraps). Lunches can be ordered for \$9 each (tax is included in price) – this includes the wrap, chips, fruit, and a granola bar. Turkey, ham and veggie wrap options are available.

Conclusion

The event is set. The plans are made. The only thing we need is YOU! Whether you race, join in for the Poker Run, or just come for the meals, the event will only be EPIC if you come and join in the fun! Please plan to join us for Interlake Nationals at Edgewater. We are looking forward to seeing you!

Family Friendly – Bring the Gang!

Where's the FOOD?

Where can my family eat while I race?

Edgewater serves breakfast, lunch, dinner and appetizers/ bar type food and has a nice menu, there's an outside grill, restaurant and Tiki Bar (cash, credit and EYC participates in reciprocity / let me know if you need the club list). Menus change but can be found on the Edgewater Yacht Club Web Site: <http://www.eycweb.com/> (Of course if it's an adult beverage you're looking for – EYC has 2 interior bars and 1 tiki bar. The Tiki bar is a straw-free zone just as a head up).

The pavilion area has a playground and outdoor grills to use if you want to bring your own food and picnic. There are more options for restaurants or fast food in the suburban areas than directly downtown and parking is generally free or included in the Westlake location vs. downtown.

What can my family do?

I have 4 Kayaks and a VERY large SUP on site at the club that I'm willing to lend out. Please bring your own lifejacket (required). Working on bringing cornhole, giant Jenga and a few outdoor games. Edgewater Beach is right next door and the club has a swimming pool on site. The Metroparks takes great care of the beach - so bring your sand toys, beach towels and kites.

<https://www.clevelandmetroparks.com/parks/visit/parks/lakefront-reservation/edgewater-beach>

There are tons of things to do in the area if you have transportation – (Uber is popular or the RTA if you do not). The Cleveland Zoo and Rainforest are approximately 25-30 away in traffic. The Rock and Roll Hall of Fame, West Side Market (fantastic



food, shopping), Great Lakes Science Center, Natural History Museum, etc. all close by. Jump on Lolly the Trolley for a downtown tour. Jet Ski, paddleboats, kayaks and SUP rentals (Rock and Dock – 216-804-1152). Visit the USS Cod Submarine.

If you like to shop – there's plenty of that. Westlake has a great outdoor shopping area called Crocker Park and there's plenty of shopping downtown. Groceries are abundant. Whole Foods (Rocky River), Heinen's Grocery (Bay Village, and downtown – downtown is very cool), Giant Eagle (Westlake, Cleveland), Trader Joes (Westlake/ Crocker Park), Lucky's (Lakewood), you name it. I am at your service if you need a tour guide before you arrive to plan your trip.

The Edgewater area has become more bicycle and walker friendly. The Metroparks has beautiful bike trails – and if you're up for a bit of a drive and you brought your bike – check out the Tow Path. I recommend starting in Brecksville – it's beautiful.



Interlake Sailing Class 2018 National Championship Regatta
Including Women's, Juniors' and Masters' Championship
July 25 – 28, 2018
The Interlake Sailing Association as the OA
Hosted by Edgewater Yacht Club

NOTICE OF RACE

1. Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing and the rules of the ISCA for sanctioned events.
- 1.2 The prescriptions of US Sailing to rules: 60, 63.2, 63.4 shall not apply
- 1.3 *RRS 63.7* is replaced by "If there is a conflict between the Notice of Race (NOR) and the Sailing Instructions (SI), the SI shall apply.
- 1.4 *RRS 61.1 (a) (2)* is deleted. Boats intending to protest shall fly a red protest flag in accordance with *RRS 61.1 (a)*.
- 1.5 *RRS 61* is changed to include: "A boat intending to protest shall notify the RC Signal Vessel of her intention to protest and the sail number of the boat she is intending to protest after clearing the finish line. She may do this via hail to the RC Signal Vessel or by using the VHF radio channel assigned to her fleet.
- 1.6 *RRS 60.1 (a)* is changed to read: "boats failing to display required advertising or bow numbers shall not be protested by other boats.
- 1.7 As allowed in #14 of article III Hulls and Spars of the ISCA specifications, the Race Committee intends to use VHF radios on the race course to communicate with the competitors.
- 1.8 The SI may change other RRS.

2. Advertising

- 2.1 Advertising shall not be allowed on hulls, masts or sails.
- 2.2 Boats may be required to display advertising chosen and supplied by the Organizing Authority (OA).

3. Eligibility and Entry

- 3.1 The regatta is open to all members of the *Interlake Class Sailing Association (ISCA)* that meet the requirements for Sanctioned Events contained in Article IV of the *ISCA* by-laws.
 - 3.1a The Women's Championship is open to all female skippers. There are no gender restrictions for crew.
 - 3.1b The Junior Championship is open to all skippers under the age of 20 years of age on July 25, 2018. There are no age restrictions on crew.
 - 3.1c The Master Championship is open to all skippers who are at least 60 years of age on July 25, 2018. There are no age restrictions on crew.
- 3.2 Registration shall be available online at:
https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=16557
Women's and Junior's:
https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=16557
- 3.3 Entries for the Championship and Challenger Fleets must be received on or before July 1, 2018 to receive the Registration discount. Entries will be received until one hour before the close of Measurement on July 25, 2018.
- 3.4 Entry deadlines for the Women's and Junior Championship are at 1000 hours on July 25, 2018.

3.5 A boat is considered registered when the OA has received her completed entry form, forms required by *ISCA Rules*, proof of insurance form, and a signed Waiver of Liability.

4. FEES

4.1 Fees are as follows:

<i>Event</i>	<i>Fee</i>
National Championship _____	\$ 250.00
US Sailing Members Discount _____	\$ - 5.00
Early Registration Discount (Before July 1, 2018) _____	\$ - 50.00
Junior Championship _____	\$15.00
Women's Championship _____	\$15.00
Masters' Championship_ Included in National Championship Fee	
Poker Run _____	\$15.00

5. Tentative Schedule

DAY	Event	Time
Tuesday, July 24	Registration and Measurement – Skippers' packets available	1700 – 2100 hours
Weds., July 25	Registration and Measurement – Skippers' packets available	0900 – 1600 hours
	Women and Juniors Competitor Meetings	1100 hours
	First Warning Signal – Additional races may follow	1330 hours
	Nationals and Masters' Competitor Meeting	1900 hours
	Women and Juniors Awards	1930 hours
	Christmas in July Events	2000 hours
Thursday, July 26	First Warning Signal Nationals and Masters'– Additional races may follow	1000 hours
	Hawaiian Luau	1800 hours
	Daily Awards & Luau Games	1700 hours
Friday, July 27	First Warning Signal Nationals and Masters'– Additional races may follow	1000 hours
	Poker Run pictures due	1600 hours
	Italian Dinner	1800 hours
	Interlake Class Meeting	1900 hours
	Daily Awards	1930 hours
Saturday, July 28	First Warning Signal Nationals and Masters'– Additional races may follow	1000 hours
	No warning signal to be made after 1400 hours	
	National Awards Presentation and Lunch	After Racing

6. Measurement

- 6.1 All competitors shall have a valid **Class Measurement Certificate** and shall produce it upon request.
- 6.2 A boat and / or its equipment may be inspected at any time for compliance with *ISCA Class Rules*, *RRS* or the *SI*.

7. Sailing Instructions

- 7.1 The *Sailing Instructions* will be available at the registration desk at 1700 hours on Tuesday, July 24, 2018.

8. Venue

- 8.1 Racing will take place in the open waters of Lake Erie, North of Edgewater Yacht Club or the Cleveland breakwater just west of the Edgewater inlet.

9. Courses

- 9.1 Course diagrams will be illustrated in the *SI*.

10. Scoring

- 10.1 Women's and Junior Championships will attempt to sail up to 3 races. One (1) completed race shall constitute a series.
- 10.2 National and Masters' Championship will attempt to sail 8 races. Three (3) completed races shall constitute a series.

10.3 Add to *Appendix A2.1* “; if 5 or more races are completed, the boat’s worst score shall be excluded, except any score that is a *Disqualification Not Excludable (DNE)* shall be included in a boat’s series score.

11. Support Boats

11.1 All support boats shall fly a pink flag identifying them as a support boat.

11.2 Support boats shall have no contact or communication with any competitors after the boat leaves the dock until all racing is complete for the day.

11.3 The Race Committee may ask a support boat to assist a boat that is in danger.

12. Radio Communications

12.1 See 1.7

12.2 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

13. Prizes

13.1 Championship Skipper and Crew Perpetual Trophies – awarded to the Skipper and Crew placing first in the Championship Division.

13.2 Individual trophies to the Skipper and Crew placing 1 - 5 in the Championship Fleet.

13.3 Best First Nationals Award for Skipper and Crew (outside of top 5).

13.4 Challenger Perpetual Trophy - awarded to the Skipper and Crew placing first in the Challenger Division.

13.5 Individual trophies to the Skippers and Crew placing 1 – 3 in the Challenger Division.

13.6 F.K. Holtzman Award – Awarded to the fleet with the most participation not in the host fleet.

13.7 Youngest Sailor Award - awarded to the youngest sailor (Skipper or Crew) sailing in all races in either the Championship or Challengers Fleets.

13.8 Women’s, Juniors’ & Masters’ Perpetual Trophies awarded to the Skippers and Crew placing first in their respective fleet.

13.9 Individual trophies awarded to the Skippers and Crew placing 1 – 3 in the Women’s and Juniors’ Fleets.

13.10 Individual Trophies awarded to the 1st place Skipper and Crew of the Masters’ Fleet.

14. Disclaimer of Liability

14.1 Competitors participate in the regatta entirely at their own risk. See *RRS 4, Decision to race*. The Organizing Authority, Race and Protest Committees and Edgewater Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

15. Insurance

15.1 Each participating boat shall supply proof of insurance document with their registration forms that it is insured with a valid third-party liability insurance with a minimum coverage of \$300,000.00 per incident.

16. Parking and Camping

16.1 Edgewater Yacht club is a small footprint urban yacht club. Parking space is at a premium. Non-members cars are not allowed to park in the club lot. Competitors may park in designated areas less than 100 yards away in the adjacent Metropolitan Park. Camping is not allowed in the Metropolitan Park or on EYC property. To accommodate competitors who wish to stay on site, vehicles will be allowed inside the EYC gate after 8:00 PM each night. Vehicles must be moved out of the EYC lot before 8:00 AM each day.

16.2 EYC bathrooms will be available 24 hours per day to non-members.



What's the Agenda Look Like?

2018 Interlake National Championship Events

Schedule of Events outline - more specific times will be provided later – subject to adjustments as needed

Wednesday, July 25th

Christmas in July



- Check In
- Weights and Measurements
- Women's and Junior's Race
- Women's and Junior's Awards
- Lunch and Dinner are available on your own at EYC

Edgewater Yacht Club will have a special "Interlake Platter" at the grill and Christmas In July drink special

NOTE: check your club's reciprocity if you don't want to carry cash or credit cards

Thursday, July 26th

A Night in the Tropics / Hawaiian Luau Race All Day Play All Night – Tiki Bar/ Pavilion and Pool

- Skippers Meeting
- Champion and Challenger Fleets
- BBQ Chicken Dinner at the Pavilion and Poolside. Don't forget to pack your swimsuit & best Hawaiian garb
- The EYC Tiki Bar will have a special tropical drink available to purchase.

IMPORTANT TRAFFIC ALERT: Important for incoming and outgoing vehicles - THURSDAY! The good news is the free Edgewater LIVE concert series will be going on. July 26th has John King / Country – click link for more info: <https://www.clevelandmetroparks.com/parks/programs-events/edgewater-live>

This is a free outdoor concert at Edgewater Beach. The BAD news is there is a free outdoor concert at Edgewater Beach, and Edgewater Beach and Edgewater Yacht club share a main entrance. The TRAFFIC from the Shoreway can get insane – particularly around the roundabout. See travel tips on the website above. Our suggestion is you get to the club early – before the crowd / hang at the club and if you'd like to participate in the free concert – walk over from the club. If leaving at the same time the concert ends – they will send you WEST (right) – you will have to loop back around to go EAST if you are staying downtown.

Friday, July 27th

Sit-Down Italian Dinner / Family Style – Main Campus

- Champion and Challenger Fleets
- Casual to Business Casual sit down family style dinner at the main restaurant at EYC
- Membership Meeting

Saturday, July 28th

Awards and Commencement – Main Campus

- Champion and Challenger Fleets
- Championship and Challenger Awards and Thank You's
- Lunch and Dinner are available on your own at EYC



Intercom Tips and Techniques

5 Tips: Finding Clear Air in a Crowded Racing Fleet

Matthew Sheahan, from YachtingWorld.com/5-tips

“We need to find a lane out of here,” but where to go? Jonty Sherwill asked J/24 World Champion Ian Southworth for his tips on finding a clear lane through the traffic



For the leading boats clear air comes free, but for those locked in the middle of a competitive fleet this essential commodity is in short supply.

Whether it was a poor start, taking the wrong side on the previous leg or a sloppy spinnaker drop, it's all too easy to find yourself in traffic and with extra work to do.

“We need to find a lane out of here” is the message coming from the rail, but will a rushed tack away help the situation or just put you straight back into more dirty air? Your boat speed is now quite low and you know a tack could put you at the mercy of approaching starboard boats so maybe keeping going even with those boats close to windward will be safer.

This scenario will be a familiar one to most club sailors – just part of an average day – but it is noticeable that when the hotshots drop back into the pack they are seldom there for long. That may leave you wondering how they have the knack of salvaging a result from what to you seemed a hopeless situation.

So what is the best strategy for recovery, and where was that mythical clear lane that could have helped you grasp a chance of recovery, or even fast tracked you up

to the leading pack? Was it one lane you were looking for or a series of lanes?

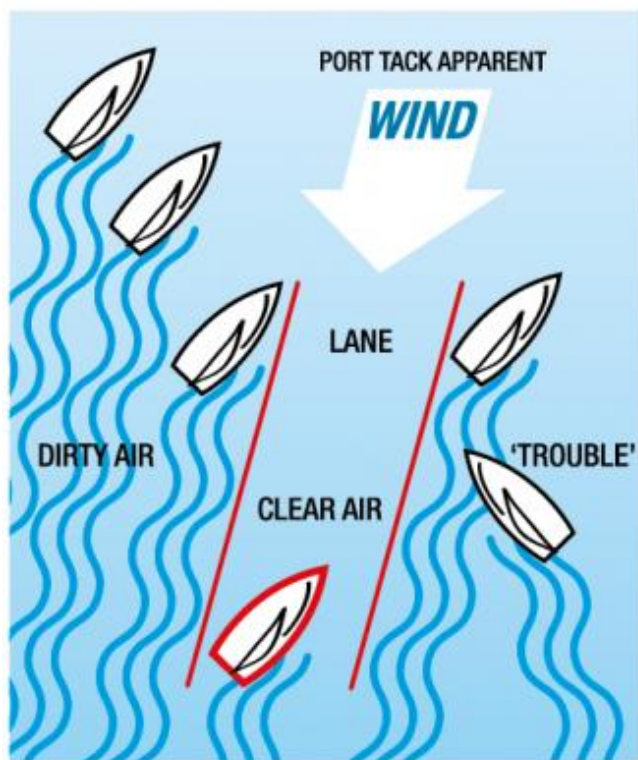
Battling it out in the middle of the fleet is always hard so trusting your judgment and going round the outside is worth considering, but avoid panic decisions and stick to your tried and tested system of crew roles and responsibilities. That way you can enjoy the team game of digging yourselves out of trouble in the knowledge that there will be others making far bigger mistakes than what got you where you are right now.

But if arriving at the top mark near the back of the fleet is getting too hard to bear, it's time to get some expert advice.

1. Finding a lane

Lanes are areas of relatively undisturbed air that are not being decelerated or disturbed by sails. The skill to develop is finding a lane that won't be taken away from you by another boat, or at least not for a while.

Continued on page 13



Lanes move across the course depending on where boats are going and become blocked when another boat to windward tacks and takes that lane. That boat will now be in clear air and you will now be in their dirty air and looking for a fresh lane on the other tack.

2. Don't just sit there

Finding yourself down the pan is tough, but the first thing is to be aware of whether you are in a lane of clear air or in dirty air. Half the calls about being in dirty air are incorrect in my experience so look carefully at the windex of the boat or boats to windward to see if you are being affected by them, before speaking up.

If the effect is only slight and those boats are going the right way on the course, staying with them may be a lot better than tacking away. But if you are in heavy cover get out of there fast – there will be opportunities elsewhere.

3. Visualize where you want to go

Decide who in your crew will be tasked with picking lanes – ideally it should be the person in the best position for good visibility. In the J/24 I do that job from the helm, but it depends on the type of boat you're sailing.

Visualize what the boats ahead will be doing and keep looking for the best wind and wind shifts. On downwind legs keep a watchful eye astern to stay in a clear lane, and if you are behind you will have a better overall view to help you decide your tactic for the leg.

4. Think strategy

Think as far ahead as possible and plan where you

would like to be. Stay in phase with the leading pack by tacking below them in clear air. That way boats crossing on the other tack are less likely to tack on you as they will be in dirty air themselves.

If that happens, stay calm and assess whether sailing fast and free or tacking away will give you the best position to make the next gain.

5. Light and heavy airs options

The lighter the breeze, the lighter it gets in the middle of the fleet, so getting out to the corners should give you stronger, less disturbed air to sail in.

There will be other boats ahead of you doing the same thing so sailing well beyond the layline for the weather mark can avoid others tacking on you and allow you to sail fast for the mark.

In a stronger breeze it might well be better to tack somewhat short of the layline to give you more options to find lanes as you approach the mark.

Ian Southworth recorded numerous titles in the Enterprise, GP14 and Lark dinghy classes between 1976 and 1982 and won the Champion of Champions Endeavour trophy three times. He also raced in the 470 class, was 3rd at the Nation's Cup in 1991, European 18 foot Skiff Champion in 1997 and was 3rd at the Worlds a year later. In the J/24 class he was three times British Champion, European Champion and in 2015 won the J/24 World Championship

Speed & Smarts:

In heavy air, play the shifts

By David Dellenbaugh

When you're sailing in a lot of breeze, your boat is usually overpowered. Because of this, finding more wind velocity probably won't help you go much faster or point higher. In fact, in some cases a strong puff might even slow you down.

A good wind shift, on the other hand, can be much more valuable. It will instantly move you to a higher ladder rung and allow you to aim closer to the windward mark. That's why, in windy conditions, it's better to sail for shifts instead of puffs.

For more racing tips and resources from David Dellenbaugh, visit the [Speed and Smarts website](http://www.speedandsmarts.com/).

<http://www.speedandsmarts.com/>



Class News

2017 Travelers' Series Brad Balmert – First Place



Place	Skipper	Home Club	Eligible for Trav. Series	# Regattas attended	Total Points	Eligible Trav. Series Avg. Score (5 lowest)	Midwinners	Chiefs	Catal	SSC One Design	CRW	George Fisher Memorial	Great White	Indian Lake	LSYC One Design	Nationals	Nationals#2	Hot-to-Trot Regatta	Haphazard	Pokergals	Fall Blinout
1	1384 Balmert, Brad	LSYC	Yes	6	20	8			1	2	12				1				2		2
2	1433 Sanderson, Bill	MSC	Yes	10	82	14	4		2	4	11		1	3	12	20	20		5		
3	1340 Savage, Scott	HSC	Yes	5	15	15	1					2			2	5	5				
4	1435 Aspery, Steve	HSC	Yes	7	34	18	2	3			4				6	8	8		3		
5	1360 Morgan, Thane	HSC	Yes	8	78	22	5			3	14	9	4		21	21			1		
6	1081 Blazer, Wes	SSC	Yes	5	26	26	1	5			6				7	7					
7	1370 Clark, Jeff	HSC	Yes	6	45	34	2			7		4		10	11	11					
8	1382 Presley, Mark	HSC	Yes	7	86	40	14		6	1	10			9	23	23					
9	1317 Chapin, Clark	PYC	Yes	5	47	47	13							8	12	12					
9	1248 Bracy, Kevin	SSC	Yes	6	62	47	15		8	7					13	13	5		3		
11	1333 Frink, Rob	HSC	Yes	6	65	51	6					14		6	14	12.5	12.5				
12	1417 Humphrey, Tom	SSC	Yes	5	61	61	17						1	5	19	19					
13	766 Parker, Tim	LSYC	Yes	5	80	80				6	19			11	22	22					
14	842 Kyle, Ryan		No	4	26	126	3				17										
15	952 Ireland, Nate	HSC	No	4	31	131					9			4	9	9					
16	1424 McClinchie, Mike	HSC	No	4	34	134					5	1		14	14						
17	919 Hank		No	4	40	140	7							3	15	15					
18	558 Fox, Robert	NCYC	No	4	47	147			4					7	18	18					
19	902 Willis, Tom	MSC	No	4	49	149								15	16	16					
20	1229 Bodie, Jeff	GTYC	No	4	50	150					15		3		16	16					
21	1425 Ward, Jim	SSC	No	3	4	204					2			1	1	1					
22	923 Parker, Bryan	LSC	No	3	7	207					3				2	2					
23	909 Marriott, Tom	JRSC	No	3	9	209			5						3	3					1
24	1338 Montgomery, Philip	SSC	No	3	28	228									10	10					8
25	1332 Bradley, Bob	JRSC	No	2	7	307	4								4	4					3
26	186 Frissell, Peter	JRSC	No	2	8	308									4	4					
27	1267 Jones, Jamie	HSC	No	2	12	312	9					3									
27	1399 Huntley, Brad	SSC	No	2	12	312									6	6					
29	1240 Evans, Dick	LYC	No	2	14	314	12							2							
29	1400 McAllister, Paul		No	2	14	314				5											9
31	1434 Forester, Doug	NCYC	No	2	18	318					8										
32	1178 Boucher, Mark	LYC	No	2	26	326	18														
33	1199 Spencer, Stuart		No	2	29	329									14.5	14.5					
33	972 Wismer, Rich	LSYC	No	2	29	329					16			13							
35	1209 Mirarchi, Mike	LYC	No	2	31	331	16														
36	466 Stange, Aaron		No	2	34	334									17	17					

Brad's regular crew is Randy Knilians. Dan Olson and Kathy LaValley also crewed.

Brad sailed in six regattas, which allowed him to throw out one score. The beauty of the Travelers' Series is that once you accumulate more than 5 scores, you can start throwing out your worst.

Our most-traveled sailor again this year is Series runner-up Bill Sanderson, who sailed in 9 events (10 scores with nationals).

Also with a notable showing is our class president, Scott Savage. Scott finished third with exactly 5 scores – no throw outs!

Congratulations to all of the 13 Interlake skippers who qualified for the 2017 Travelers' Series.

In addition, there were 36 skippers who sailed in more than their home regatta (at least 2 events or at nationals).

2018 Chief's Regatta

Leatherlips Yacht Club, Columbus OH

May 5 - 6, 2018

By Mike Mirarchi, Interlake #1209

Light winds welcomed 14 Interlakes to the 51st Chief's Regatta at Leatherlips Yacht Club, in Columbus. Eager sailors crowded the line for the first two starts of the season, resulting in a pair of general recalls that prompted the hoisting of the "around the ends" flag.

The light and shifty winds had sailors desperately looking for puffs, gambling on shoreline breezes and debating the advantages of trying to fly a spinnaker. Bryan and Tiffany Parker made the best choices and finished first in a race that took nearly one hour and fifteen minutes - - - and seemed even longer to some of us.

The Leatherlips Daysailer Fleet provided race committee and did a great job considering the conditions. They shortened the course for the second race and that seemed to work for Steve Aspery, who finished first in a race that only lasted about 20 minutes.

The third and last race on Saturday was again won by the Parkers in Interlake 923. Then it was time to retire to the LYC porch for some cold refreshment and snacks. Linda Mirarchi organized the dinner, which was a return to the "grill your own steak" from years ago. Jan Savage organized a Kentucky Derby viewing, with Jim "Doc" Boucher winning the roses.

The Sunday morning start was moved up to 9:30 to accommodate two races –



Photo by Eric Sandstrom

but to no avail. It was after 11:00 when Scott Savage and Jeff Jones crossed the line in first place and time to pack up.

The two first place finishes on Saturday were enough to keep Bryan and Tiffany Parker in first place for the regatta. A strong, second place finish on Sunday by Clark Chapin was good enough to move him to second place overall. Sailing with Chuck White, this was Clark's his best finish ever - in his 45th Chief's Regatta. Four finishes in the top seven boats was consistent enough to give A.J. Savage and his brother Tim third place. Reigning Interlake Women's National Champion, Carolyn Tanner, finished fourth, sailing with her mother, her sister and her eight-year-old niece, Dylan Elmore.

Fleet 23 Captain, Mike Mirarchi, recognized Dylan as the youngest participant – her pint glass award was filled with sprinkle icing cookies. Mike also recognized Jim Boucher with an award as he competed in his 50th Chief's. Competing in their first Chief's and making the trip from Traverse City, Michigan, Chris Branson and crew Louis Rodriguez also received pint glasses. Chris presented LYC Commodore, Ed Hinton with a GTYC burgee and invited him to return the trip to their club.

Place	Sail #	Name	Club	1	2	3	4	Total
1	923	Bryan Parker, Tiffany Parker		1	4	1	9	15
2	1317	Clark Chapin, Chuck White	PYC	3	10	2	2	17
3	681	A.J. Savage, Tim Savage	LYC	6	2	5	7	20
4	1240	Carolyn Tanner, Cindy Elmore, Diana Evans	LYC	9	8	4	3	24
5	1435	Steve Aspery, Jeff Tyndall	HSC	11	1	9	4	25
6	1340	Scott Savage, Jeff Jones	HSC	2	13	10	1	26
7	1280	Scott Graham, Chrige Galleger	LYC	8	9	3	8	28
8	1276	Jamie Jones, Sarah & Zoe Hoctor	HSC	4	6	8	10	28
9	1417	Tom Humphrey, Anne Humphrey	NSYC	5	5	6	12	28
10	1178	Mark Boucher, Jim Boucher	LYC	10	7	11	11	39
11	1397	Thane Morgan, Mark Saalmueller	ISC	13	3	12	13	41
12	1209	Mike Mirarchi, Don Schregardus	LYC	12	12	13	6	43
13	1402	Chris Branson, Louis Rodriguez	GTYC	7	14	7	DNF	43
14	1153	Ed Hinton, Dave White	LYC	14	11	14	5	44

2018 Cattail Regatta

Jolly Roger Sailing Club, Toledo OH

June 2, 2018

By Ron Gall, Fleet Captain, Interlake #1325



Place	Skipper	Club	Sail #	Race 1	Race 2	Race 3	Total
1	Jeff Jones	HSC	1320	3	1	1	5
2	Kevin Bradley	NCYC	1332	1	3	4	8
3	Brad Balmert	SSC	1384	4	2	2	8
4	Tom Marriott	JRSC	909	2	4	6	12
5	Kevin Bracy	SSC	1248	6	6	5	17
6	Phil Montgomery	SSC	1338	8	7	3	18
7	Rob Fox	NCYC	558	7	5	7	19
8	Ron Gall	JRSC	1325	5	8	8	21
9	Tom Wills	MSC	902	9	9	9	27

This year's Cattail Regatta had good weather once again. The wind maxed out at about 12 mph, very little chop, and the temperature was in the cool, low-70s. This was a great opportunity to concentrate on wind shifts and tactics. Nine Interlakes battled through shifty conditions for three exciting races. Seven of these nine were from out-of-town. The Race Committee set a long race course based on the initial wind conditions, but the wind lightened after the start of the first race and all three races had to be shortened.

The first race gave Kevin Bradley a convincing win in fluky wind conditions. Tom Marriott and Jeff Jones also benefitted from these conditions and finished second and third respectively.

It didn't take long for Jeff Jones to figure out the wind patterns of the Maumee Bay. He followed up his

third place in the first race with two bullets. Brad Balmert, last year's Cattail winner, followed with two seconds. Kevin Bradley finished third in the second race. And Sandusky Sailing Club's Phil Montgomery had his best finish of third in the third race.

I would like to thank our long-time PRO Barb Shaffer for running three flawless races again this year. It would be rough to run the Cattail Regatta without her. I would also like to offer a special thanks to all that participated in this year's Cattail, especially those that have travelled from out-of-town – some from over two and a half hours away. Please come back next year and bring your friends. We promise similar conditions every year.

Sandusky One Design Regatta

Sandusky Sailing Club, Sandusky OH

June 9 - 10, 2018

By Bernie Ashyk, Fleet Captain, Interlake #1166

The 10 sailors and their crews proved the weatherman wrong, again. The forecast for 60% chance of rain and thunderstorms at noon on Saturday didn't happen. A light breeze that shifted 180 degrees before the first start prompted the RC to reset the course and three tightly contested races, (except for 1st place) races were sailed. The breeze freshened and all three scheduled races were sailed without rain. Course choice was key to scoring.

Back on shore, Sandusky Sailing Club's hospitality included cold drinks and a chicken, cheesy potato and green bean dinner complete with the now traditional root beer floats for dessert.

The Fleet size decreased by one on Sunday morning. Light air for the first race, followed by a 5-8 knot breeze

for the second required patience and once again the correct choice shifts to tack on. Congratulations to past Nationals Champ Jim and Jayme Ward for taking home the honors. It's a tough decision as to which 1st place to use as a throw out. Nice job Jim! The complete results are below. Trophies were awarded on the Club's porch with an invitation for all to return next year.

Many thanks to the all the SSC volunteers that made this Regatta happen, those helping were: **Race Committee:** Jim Keane-PRO, Scorer David Miller, Joyce Keane, Terry Parker, John Eschels, John Hartung, PC Mike & Judy Muhn, Phil Miller, Paul Kalister, Ruth Anne Van Fleet, Paul Kalister, John Eschels, Carolyn Zettler. **Galley Staff:** included Jane Ashyk, Chris Malott, Regina McAllister, Don & Eilene Guy, PC Steve and Rosie Jackson, John Jackson, PC Bob and Martha Speers, PC Steve and Linda Clark, and Club Manager Tim Kyle taking care post-race hydration at the beverage center.

Sandusky scores and photos on next page



Photos by Phillip Miller

Place	Sail #	Crew	From	Total	1	2	3	4	5
1	1425	Jim Ward & Jayme Ward	SSC	4	-1	1	1	1	1
2	1384	Brad Balmert, Randy Knilians & Kathy LeValley	SSC	11	3	2	-4	2	4
3	1382	Thane Morgan & Catherine Morgan	ISC	13	5	-6	2	3	3
4	1400	Chris Malott, Dennis Butts, Tim Butts	SSC	16	4	5	-6	5	2
6	1426	Lee Sackett & Dave Kerr	Edgewater YC	20	2	4	3	(11/DNC)	(11/DNC)
6	1338	Phil Montgomery & Bob Durkin	SSC	24	-7	3	7	7	7
7	1248	Kevin Bracy & Ron Gall	SSC	27	6	7	-10	9	5
8	1362	Mark Presley, Liz Eiden & Clare Eiden	HSC	29	-9	8	9	4	8
9	1433	William Sanderson, Thomas Wills & Cara Bown	Mohican	30	8	-9	5	8	9
10	558	Robert Fox, Nancy Fox, & Spencer Fox	NCYC	30	-10	10	8	6	6

Principal Race Officer: Jim Keane

Scorekeeper: David Miller

2018 ISCA Travelers' Series

March 9 – 11	Midwinters	Davis Island YC
May 5 – 6	Chief's Regatta	Leatherlips YC
June 2	Cattail Regatta	Jolly Roger SC
June 9 – 10	One-Design Regatta	Sandusky SC
June 16-17	Cleveland Race Week	Edgewater YC
June 23-24	George Fisher Memorial	Hoover SC
July 7 – 8	One Design Regatta	Indian Lake YC
July 14	One Design Regatta	Lorain S&YC
July 25-28	Nationals	Edgewater YC
Aug 25-26	Great White Regatta	Grand Traverse YC
Sept 15	Hot to Trot Regatta	Portage YC
Sept 22	Haphazard Regatta	Mohican SC
Oct 6	Fall Blowout	North Cape YC
Oct 6 – 7	Poltergeist Regatta	Indianapolis SC
Oct 13	Snowball Regatta	Buckeye Lake YC

<http://interlakesailing.org/racing-overview/travelers-series-notice-of-race/>



Winners at the Chief's Regatta

ISCA 2018 Spring Board Meeting

May 5, 2018

Leatherlips Yacht Club, Powell, Ohio

Present: Scott Savage, Steve Aspery, Mike McClinchie, Thane Morgan, Brian Parker, Louis Rodriguez (proxy for Jeff Bodie)

Secretary Treasurer Report – (provided after meeting)

Savings \$28,040.34

Checking \$627.17

Renewals status:

Active Members: 79

Associate Members: 7

First Year Free: 1

Life Members: 5

Total:92

Measurement Committee – Brian Parker – Committee will review the latest Velocitek compass for compliance with class rules. No current proposals on simplification of measurement at Nationals. Investigating methods to update class CAD drawings.


Intercom – Steve Aspery – as always, need those articles and photos. Lisa and Steve remain open to a new Intercom Editor if anyone is interested. Working with Mike McClinchie on website 2.0 to further integrate Intercom with website.

Builder Liaison Committee – Steve Aspery – We will be working with Wes Blazer to review our first year working with Weatherly Boat Works as our builder. Also seeking any input from class members.

Southern Ohio VP – Mike McClinchie – nothing new to report

Indiana VP – Thane Morgan – presented a formal bid to host the 2019 ISCA Nationals at ISC. Motion to accept the bid was made and seconded. Motion passed unanimously.

Meeting was adjourned



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2018 Schedule:

Submission deadline:	Publishing target:
August 15	September 1
October 15	November 1

Please send articles and photos to
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Webmaster

Classified Ads:

Interlake 1439 - Sea foam / white Hull, light grey colored racing deck. Custom built in 2016. This is one of the last Customflex boats built, competitive turn-key racing package. Jib furler, Spinnaker Pole, topping lift, boom vang, Cunningham, out haul, bridle, traveler, jib cloth, jib halyard tension, auto bailers, hiking straps. Mooring cover, bottom travel cover, custom winter cover, trailer. 1 full set (main, jib, spinnaker) Greiner. Selling because of health issues. This boat is located in Columbus Ohio. Asking \$16,500. (over \$18,000 invested) Call Steve Nearing cell: 703-919-1342 or email: steve.nearing@gmail.com

Interlake 1143 - Raced at Indianapolis for many years. Has been out of water and covered ever since. Rare yellow hull color. Includes trailer, Sailor's Tailor cover with skirt. Two mains, three jibs and spinnaker. Custom rudder. Lots of Harken spare parts. Factory flotation installed. Some hull damage around centerboard trunk. Asking \$960. Underweight last time weighed. New trailer lights. Located 40 minutes east of Louisville. Rick Paul phone or text 765.430.5389 or email at mrrickpaul@gmail.com

Hewitt 1200# boat lift - Aluminum. Used for dry sailing and stored on land in off season. Located at Kiser Lake Sailing Club and can be seen onshore. Have extension leveling legs for use at depths of 4 to 5 feet. Asking \$500. Call Alan Keirn at 937-362-3945 or email kba3170@centurylink.net





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