



The
Intercom

Official Newsletter of the Interlake Sailing Class Association



www.interlakesailing.org

March 2018



**The Newest Interlake is Launched
at Midwinters**



HIT THE WATER FLYING

Quantum not only has a team of expert Interlake sailors, we also have full service lofts where you sail the most. All of this enables our team to make sure you have the best possible experience sailing your Interlake.

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Need help on the circuit? Quantum reps are normally at all major Interlake events; but if not, feel free to contact Scott Savage or Bob Sagan with anything you need.

Top photos by Debbie Parker.

From the President

By Scott Savage, Interlake #1340



Are You Ready?

As I sat down at the desk to begin this article I could not help but notice the early signs of spring. For some folks it is the greening of the lawn or the slightly longer days or maybe even a bit of warmth to the air. The principal one for me is the beginning of my mental checklist for the sailing year ahead. This season my focus is changing

a bit and having fun is going to a higher rung on the ladder. To this end, making sure the boat is ready to go is important so it doesn't stand in the way.

If you get a break in weather or a chance to look in on your Interlake before the season starts take a pen and paper with you and get your "to do" list started and maybe look at upgrades and updates that might have fallen to the wayside this fall and winter. It always easier to get this stuff knocked out before you get the mast up and cover on.

Finally getting the schedule on the family calendar and COMMUNICATING it to the crew in a timely manner is critical to getting your logistics done before the season starts. I am not one to think too far down the line (ask my crew) but I have learned a few things over the years. The principal one is making sure the Fun isn't interrupted by a lack of communication and sudden panic and scramble that comes next.

The dates on the Travelers Series are set, as are the amazing plans for Nationals at Edgewater Yacht Club. These are the premier events of our class and attending any or all of them is an incredibly rewarding way to spend your valuable free time. If you are new to traveling to away events contact your Fleet Captain for help and feel free to reach out to the Road Warrior veterans in your fleet for that bit of extra help getting your boat ready to go. Good luck to those on their way to Tampa for the Midwinters, enjoy the head start. And to the rest of us... See you at the Chiefs, always a great way to start the season.



Save the dates: July 25-28, 2018

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Cover photo – Interlake 1441 heading out to Tampa Bay for its first sail.

All midwinters photos by Lisa Aspery

The start of a new era – the first Interlake built by Weatherly Boat Works was launched for the first time in Tampa Bay - #1441.

Owner Mike McClinchie not only had a brand new boat to sail, but also had the builder and past national champ, Wes Blazer, as crew.

Congratulations on a beautiful new boat!

Intercom Feature

Midwinters 2018

By Steve Aspery, Interlake #1435

Midwinters at Davis Island Yacht Club was a great time, as always. We had a good group of Interlakers, warm weather, nice breeze, and well-run races. What more can you ask for in March?

We were welcomed with open arms and big hugs by the Fireballs who run this event. They call it the Fireball and Friends, and they appreciate that we are there even though we don't do any of the work!

The racing was very competitive, and every race was tight, more so than the scores might indicate. There were many lead changes, dig outs, and races decided at the finish line by inches or feet. Any mistake on the course was immediately felt as we would lose several boats. The starts were aggressive, particularly on Saturday. We had several general recalls, an I Flag, and a black flag waved around between starts just to get our attention (it did).

Friday, we sailed two nice races before the wind shut down on us. My son and daughter, David and Melisse, sailed with me and although I felt some rust from the winter they seemed to have none, and we came out of the gate fast. Thane Morgan and Eric Guion were very fast in Thane's newest boat, 1397, and they scored a 2nd in the first race but ended up deep in the second. It was easy to do in this crowd. Bob and Betsy Bradley with Chris Davis were at home in the conditions and scored a 3 and 4. Mike McClinchie and Wes Blazer raced 1441, a beautiful new boat from our new builder, and finished 4 and 3 as they worked to figure out the new boat. Ryan Kyle and Bob Durkin were very fast all weekend and got fifth in the first race and then won the second.

The early finish to the day allowed everyone to get in and drink some beverages, fix their boats, and still have time to go out for Mexican food for some and whatever kind of food was served at the Hookah Bar for others (I was in the Mexican group).

Saturday was a great Tampa day and we used it thoroughly. We sailed five good races in everything from 10-15 to 5-10. Starts were aggressive as I mentioned earlier, and it did not let up anywhere else on the course. Everyone sailed well and there were many comebacks and position changes in each race. No one was safe out front. Tom and Anne Humphrey came out hot with a 2,3,1 in the first three races and we battled to the downwind finish with them twice. We got them once, right at the finish, and they returned the favor to win the 5th race right at the line. They later left early for another commitment. Bill Sanderson, Cara Bown, and Oliver Davies were always in the hunt but a few boat lengths back and in this fleet a few boat lengths made a big difference in scores. Kevin Bracy and Becky Vardian were also always around in the races but may have been distracted planning and promoting Nationals at Edgewater. Nationals sounds very exciting and they were modeling awesome shirts that we can all buy soon. Tim and Will Parker sailed very well too, although it was sometimes hard to find Will between races as he was sometimes napping below deck. Ryan and Bob finished with firsts in the last two races Saturday to tighten up the scores. The wind got flaky and everyone felt that 5 races was a good day, so we headed in about 3:00 to clean up and work on the keg and dinner.

Sunday morning gave us one light air race but enough wind to be a good race. Then it was done as the wind shut down completely. But it was warm and sunny fulfilling the other reason to go to Midwinters. Everyone received lovely wooden boxes as trophies and we all headed back to the cold and dreary Midwest... where all of you who did not go spent your time, while we were soaking up the warm sun and breezes in Tampa. Plan now to go next year. We always have a great time and you will too.



Midwinters Scores

| Place | Sail | Name | R 1 | R 2 | R 3 | R 4 | R 5 | R 6 | R 7 | R 8 | Total | t/o | Score |
|-------|------|------------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-------|-----|-------|
| 1 | 1435 | Steve, Melisse, and David Aspery | 1 | 2 | 1 | 1 | 2 | 2 | 2 | 2 | 13 | -2 | 11 |
| 2 | 842 | Ryan Kyle, Bob Durkin | 5 | 1 | 5 | 2 | 4 | 1 | 1 | 1 | 20 | -5 | 15 |
| 3 | 1441 | Mike McClinchie, Wes Blazer | 4 | 3 | 4 | 5 | 3 | 4 | 3 | 4 | 30 | -5 | 25 |
| 4 | 1397 | Thane Morgan, Eric Guion | 2 | 7 | 6 | 6 | 5 | 3 | 4 | 3 | 36 | -7 | 29 |
| 5 | 1332 | Bob & Betsy Bradley, Chris Davis | 3 | 4 | 3 | 4 | 7 | 6 | 5 | 6 | 38 | -7 | 31 |
| 6 | 1417 | Tom Humphrey, Anne Humphrey | 7 | 5 | 2 | 3 | 1 | 7 | 10 | 10 | 45 | -10 | 35 |
| 7 | 1433 | Bill Sanderson, Cara Bown, Oliver Davies | 6 | 6 | 7 | 7 | 6 | 5 | 6 | 5 | 48 | -7 | 41 |
| 8 | 1248 | Kevin Bracy, Becky Vardian | 8 | 8 | 8 | 8 | 8 | 8 | 7 | 7 | 62 | -8 | 54 |
| 9 | 766 | Tim Parker, Will Parker | 9 | 9 | 9 | 10 | 10 | 9 | 8 | 8 | 72 | -10 | 62 |

Why do you sail Midwinters?

One of the great things about an Interlake is you can easily put it on a trailer and drive to a different sailing venue. But drive more than 1000 miles? We asked midwinters sailors why they do it...



We like the midwinters because of the break in the Ohio gray skies and cold weather. Because the date has lined up with Spring break for my grandson, we have been able to keep the 3 generation team active.

Aside from the wonderful Florida weather, including sunny skies, Davis Island is a great venue for sailing. Known as the "Sailingest Club in the South", they do a great job of managing several regattas simultaneously. We have been down there when three other regattas were going on. You would be amazed at how well organized and for the most part separate they operate, so as to not interfere with each other. This year, on Saturday, a high school invitational took place while we were out. The regatta included 40 boats and 80 to 100 sailors. There was no interference at all, and our race course, along with theirs, worked perfectly, simultaneously. With a full bar and restaurant, going hungry or thirsty is not an issue. Breakfast in the morning, optional box lunches, along with dinner on Saturday, make meal preparation simple.

Davis Island, located in the Tampa Bay, generally has a breeze and enough chop to remind us of Sandusky Bay, while throwing in current that moves with the tide. Sometimes the dolphins join us as we round the course. I am designing a lasso for the light air days to get a tow back to the dock.

Let's talk about the racing. To begin with the race committees we have had have been excellent. Our P.R.O., Suzie, Pat Crump's sister, (Pat is the Fireballer who heads up the regatta), has done most of our regattas. She is great, and not only sets a fair course, but also communicates well as the day progresses. She is flexible when it comes to deciding to try another race or to call it a day after 5 races or questionable air.

More importantly the competition over the years has been very keen. We experience very close racing as a rule and the field is generally extremely competitive. The conditions vary from heavy to medium, and yes indeed some light air floaters. This gives us the opportunity to manage our skills in a wide variety of ways. It has tended to be a smaller number in terms of participants, but with some of our top sailors participating, we rarely find forgiving mistakes. In keeping with the Interlake culture however, everyone is willing to encourage, help out at the hoists, and share a beer and a tip on what they saw, for those who ask.

I encourage anyone who is able to consider attending our midwinters, as we are so fortunate to be able to tag along with the Fireballs who essentially do all of the work, while we enjoy the chance to sail without any need to handle any of the logistics. Pretty sweet deal? You just might find yourself interested in tagging on a few days ahead or behind the regatta before heading back to the cold and snow.

We plan to sail again next year. Hope to see you there.
Bill Sanderson, Interlake #1433



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Favorite things about Midwinters:

After 30 some hours of solo driving to get me and a boat to Tampa and back, I have to wonder about why I keep going to Midwinters. I've had a few other people ask me the same. I have several answers:

1. Sailing in March. You're not going to do this in the Midwest. So, if you need to get your sailing started before May, head south!
2. The Interlakers. You meet some new friends; say hi to a lot of old. It's part family reunion, part high school reunion, and it's always fun.
3. The Food. I look forward the margaritas and the Mexican food. Throw in a Cuban meal and you get variety. BONUS! You get to enjoy these meals while wearing shorts and a short sleeve shirt. Not often you're doing that in Ohio / Michigan / Indiana in March.
4. Your worst day sailing is still better than your best day at work - remember this quote? Good to be sailing.

Hope to see you all this summer at Edgewater for Nationals! And in the future at Davis Island Yacht Club, so the Interakers can continue to outnumber the Fireballs.

Kevin Bracy, Interlake #1248



Midwinters is a great winter break and a chance to debug the boat and the camper before the season gets rolling. Always a good breeze down there which is what I come sailing for! But the best part is the first class setup of the Davis Island Yacht Club and the friendliness of the Crumps who are such gracious hosts every year.

I have never had a problem with the road trip -- it actually clears out some of the cabin fever from the long winter.

This year Anne and I could only sail for two days because my younger son was performing in the school

musical, but we came anyway, and hustled home to catch the show. It was a win-win!

Fun fact is I have never actually finished a Midwinters. The first year I lost my crew at the last second, and could only sail on Sunday when I was able to pick up crew. The second time I came, the spinnaker halyard managed to remove a ringding from my port shroud at the hounds during setup for racing, and my first tack to port turned into a dismasting and a tow back in. The next year Anne missed her flight and as a result we missed a few races on Friday. And then this year we had to bail out for a better offer. Someday I will actually sail the entire regatta!

Tom Humphrey, Interlake #1417



I like to sail midwinters because it provides us (Interlakers) a completely different venue to compete at that we are not familiar with during our traditional summer season. The only way to become familiar with a venue, such as DIYC, is to participate in the regatta annually. Another reason I enjoy attending midwinters is that it brings our fleet together during a time that we traditionally don't see each other on a weekly basis. It is always great to catch up with everyone after the holidays and discuss our plans for the upcoming sailing season.

My favorite thing about midwinters is all about the location. Davis Island Yacht Club is truly unique in that it is a hidden gem within metropolitan Tampa. One would barely recognize their proximity if it were not for the tall buildings nearby. Once you are on the island you can enjoy the wonderful amenities DIYC has to offer such as a beautiful clubhouse featuring a wrap-around deck that overlooks the bay, a marina full of sailboats of all kinds, a pool, several bars (upstairs and downstairs) and a kitchen that presents 5 star food. Not to mention, a membership and staff that opens their arms to welcome us sailors to their home for the weekend. They really stand behind their motto, "The Sailingest Club in the South" as each aspect of the club screams "sailing club".

Midwinters is different from other regattas in that it is a southern vacation that happens to include a sailboat race. DIYC does a great job at hosting us and making us all feel comfortable during our stay. The racing is still just as tight as other in-season regattas, with the exceptions of a few "knocking the rust off" moments.

Ryan Kyle, Interlake #842

Intercom Tips and Techniques

Knowing Your Destination: Setting the right goals

From US Sailing's website – <http://www.ussailing.org/knowning-your-destination-setting-the-right-goals/>

Note from the editors – this article speaks to parents, but has good points about goal setting for adult sailors as well.



By: Jessica M. Mohler, Psy.D., CC-AASP
Clinical and Sport Psychologist
United States Naval Academy

I am sure you have experienced this before: two sailors de-rigging at the end of the day, one has a smile on his face and seems excited about how he did on the water, the other appears upset as you hear him saying to his friend he only finished fifth. Or maybe as a parent, you have had one of your children celebrate on a windy day because she sailed around the buoys without capsizing, while your other child is upset with his second place finish. The post sailing day reaction shows us that success to one child can mean failure to another depending on their goals.

Just recently I attended a post race meeting where a 10-year-old child was asked how his day was on the water. He replied, "Terrible." I sat there thinking about whether that child stated the day was terrible because he did not win or place high enough in the standings, or because he had made several mistakes and was swamped by a powerboat. I obviously hoped it was the latter.

We define success and failure through achievement goals (Roberts & Treasure, 1996). It is an individual's perception of his ability that helps to formulate his goals and then the perception of whether their goals have been met, which defines success and failure. For instance, two young sailors can have the same outcome, place fourth in their division, and have two different reactions. Determining whether you have been successful or failed can have a significant impact on a child's confidence, their interest in sailing and lastly their effort and persistence with the sport. Ultimately it will dictate how well a sailor performs in the future and if she or he will stay in the sport.

While some children are sailing this summer because mom or dad thought it was a good idea, some children will CHOOSE to come back next year because they

enjoyed it and learned or improved a skill. Sport participation peaks around the age of 12 and then begins to decline. Research by Gould and Petchlikoff (1988)* suggests that this happens for three reasons:

1. Perception of competence (Am I a good sailor?)
2. Goal Orientation (Am I sailing to get better or to place at regattas?)
3. Stress (Am I having fun or do I worry too much every time I sail?)

In one study of youth athletes, there were a number of reasons boys and girls wanted to participate including to have fun, to improve skills, to be part of a team, to get exercise, etc... but one reason that did not make the top 10 list for either boys or girls was to win. When children take pride in their progressive improvement of knowledge and ability relative to their past performance, they are more likely to continue sailing. However, when children compare themselves to others, and use a finish in a race as their only motivation, they are more likely to stop sailing. Many of you probably know the story of Michael Jordan. He was cut from the Varsity basketball team in high school, but continued to play on the Junior Varsity and improved his skills, making the Varsity team the next year. Could you imagine if he had stopped playing basketball? Youth skill development does not happen at the same time for each child. While one youth sailor may develop the skills necessary to perform consistently as a skipper in sailing by age 10, another child may not. Remember, just because that 10-year-old could not do well in races at age 10, does not mean he will not be a crew member on a Wednesday night series in the summer as an adult. As well, just because a youth sailor has success at age 10 in sailing around the buoys, does not mean he will want to go back to sailing camp next year. If he becomes too focused on his outcome and has a couple of bad regattas, the chance is pretty low. There are ways for parents and coaches to increase the likelihood that both kids will end up continuing in the sport of sailing, and goal setting can help.

Creating goals that are focused on skill development verses outcome are important at all levels of sport. Even Division I athletes in college can get too caught up in outcomes, increasing their risk of quitting the sport because of what happens to most Division I athletes, they start losing when they get to college. They may have been the best in high school and now may be average, or even worse, riding the bench their entire freshmen year. Having the desire to win, but being able to focus on the skills and abilities necessary is ideal. I think many parents believe that their child's focus on

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regatta finishes is some genetic trait that they have little ability to influence. However, parents have an incredible opportunity to guide their youth sailors to focus on what is important. Ginsburg, Durant and Bartzell recommend a three step approach to setting goals for children to maximize not only their performance, but also their health and character:

1. Know your child

“Kids are not just smaller than adults, they are physiologically and psychologically different.” It’s important to take into consideration your child’s CURRENT strengths, weaknesses, both physically and psychologically.

2. Know yourself

“As parents, we serve our children and ourselves well by becoming aware of our own emotional history, particularly as it pertains to issues of competition, achievement and athletics.” Parents can think about their own sports related behavior that was frustrating, upsetting or exciting and how those feelings can be triggered by their child. Knowing your own trigger points and telling your partner, may result in less negative emotional reactions to your child’s sailing performance.

3. Know your child’s sports environment

“We must know the community we live in and its approach to sports.” Sailing is not immune to the unhealthy aspects of our society. Find a sailing program that fits with your family mission and be as diligent as you would be with any childcare provider or school.

Once you have an awareness of these factors, it’s time to get your child involved. Parents of young children can ask them to draw a picture to show their goals: what they want to achieve this summer; what they want from sailing; what sailing or sailboat racing means to them etc. Encourage them to consider and incorporate all aspects of sailing and sailboat racing (e.g., skill improvement, meeting friends, enjoyment) into their pictures. Getting your youth sailor to draw their goals rather than write them will get them to think more broadly rather than just saying “I want to sail faster” or “I want to do my best.”

For older children, take time to sit down and discuss what they hope to accomplish in sailing; what is their dream: to improve their skill, race in a regatta, make friends, have fun, etc... Once you know what they want to accomplish, ask them to think of 5-10 skills or abilities that are part of accomplishing their goal. Once you have your destination and a set of controllable skills or abilities, it is much easier to set goals that your child can accomplish, thereby building confidence.

Finally, using the acronym **SMART**, write your goals down.

- **Specific:** Identify the skill or ability
- **Measurable:** Establish concrete criteria that can be measured

- **Attainable:** Make the goal setting steps possible to complete in the time your child has.
- **Realistic:** Based on your child’s strengths and weaknesses make sure the goal fits where your child is now.
- **Timely:** Have a time frame for achievement so you can assess whether your child’s goals are being accomplished.

While one child may dream of being part of a team and having fun on the water, you may identify the need to be friendly as a skill that your child has to develop. Using the SMART acronym, a goal of meeting one new person at camp for the next three weeks may be a great goal. For another child who is looking to increase her level of competition and dreams of racing at a national event, she may identify the need to learn how to accelerate quickly from luffing. She could create a goal to complete three starting / stopping drills of 10 minutes each over the next week. Ultimately, having success as a youth sailor is based on individual personalities, skills and abilities, it is an ever-developing process. While goal setting may take more time, helping our children get to their destination while creating opportunities for skill building and enjoyment has life-long rewards not only for our children, but for the sport of sailing.

*References:

Ginsburg, R., Durant, S. and Baltzell, A. (2006), Whose game is it anyway?

Gould, D. and Petchlikoff, L (1988) Participation motivation and attrition in young athletes. In Children in Sport, 3rd ed, edited by F. Smoll, R. Magill and M. Ash (Champaign, IL; Human Kinetics)

Roberts, G. C., & Treasure, D. C. (1996). Orthogonality of Achievement Goals and Its Relationship to Beliefs About Success and Satisfaction in Sport. Sport Psychologist, 10(4), 398-408.



Get Ready for 2018 Nationals

Hosted by Edgewater Yacht Club

By Regatta Chairs: Rebecca Vardian, Kevin Bracy

Hello Interlakers!

Are you tired of winter? Looking forward to sun and wind as you sail your Interlake? A dedicated crew of people has started putting together this year's Nationals event and we're very excited to have you all join us!

A few highlights:

RACING – yes, there will be great racing! Edgewater (EYC) is a premier club on Lake Erie and supports racing multiple nights during the week throughout the summer season. Cleveland Race Week brings 100's of boats from dinghies to racing sleds for great competition and great parties. So, if you're looking for great race management with an amazing venue, come check it out!

WOMENS – We have verbal commitments from 16 women skippers (and we're looking for more!). It's going to be a great regatta! If you are willing to allow one of these great sailors to borrow your boat for the regatta, please contact Kevin Bracy. We will be matching sailors to boats in April.

JUNIORS – We're looking forward to having a great turnout of Junior sailors as well. If you're interested, let us know. We'll work to get you matched with a boat and put on a great event.

PARTIES – as the event organizers, we are going to ensure that everyone has a wonderful time

regardless of your final regatta position. We'll be celebrating Christmas in July, a Hawaiian Luau (poolside – weather permitting), and an Italian Feast. Bring your crew and be prepared to compete in holiday themed events for amazing rewards!

POKER RUN – don't want to race? Want to come be part of all the fun? WE WANT YOU! The Interlake Poker Run will be held on Friday, July 27. While the racers are out on the course, take a leisurely sail inside of the break wall and snap 5 pictures of Cleveland shoreline landmarks (all locations can be reached by land if you do not want to sail to them). Bring your pictures back to the club and trade your pictures for a 5 card poker hand. Best hands will be in line for amazing prizes!

Keep up to date with all of the events and activities on the 2018 Interlake Nationals Facebook page (Like the page to stay up to date!):

<https://www.facebook.com/2018-Interlake-National-Championship-484904788571310/>

There truly will be something for everyone at the 2018 Interlake Nationals. Block out your calendar and get in those vacation requests now! July 25-28, 2018 – you don't want to miss this event and we don't want to miss you!



JULY 25 – 28, 2018

2018 Nationals - Proposed Schedule of Events

| Time | Event |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tuesday, July 24, 2018 | |
| 5:00 PM | Registration & Measurement (closes at 9:00 PM) |
| | Women's and Juniors Welcome Event |
| Anytime | Dinner / Snack – EYC has a full restaurant and bar. Food and beverages will be available and can be paid for with cash / credit. |
| Wednesday, July 25, 2018 | |
| 8:00 AM | Breakfast - Food and beverages will be available and can be paid for with cash / credit. |
| 9:00 | Registration & Measurement (Women's and Juniors closes at 10:30. Registration and Measurement for Nationals closes at 4:00) |
| 11:00 | Women's & Juniors' Competitors Meeting |
| Anytime | Lunch - Food and beverages will be available and can be paid for with cash / credit. |
| 1:30 | First Warning Signal (Women's & Juniors') Additional races may follow |
| 6:30 | National Race Committee (NRC) Meeting |
| 7:00 | Nationals and Masters' Competitor Meeting |
| 7:30 | Women and Juniors Awards |
| 8:00 | Christmas in July Events |
| Anytime | Dinner – there will be burgers, brats, and assorted grill food available for purchase from the grill. There will be club racing at EYC on Wednesday night, so there will be a good crowd. |
| Thursday, July 26, 2018 | |
| AM | Breakfast - at the club or on your own. |
| 10:00 | First Warning Signal (Championship/Masters, Challenger to follow) Additional races may follow |
| | Lunch – Sailor's lunches will be available for purchase. Lunch will be on the water. The Club will be open for anyone on shore to purchase lunch as well. |
| 6:00 | Hawaiian Luau |
| 7:00 | Daily Awards & Luau Games |
| Friday, July 27, 2017 | |
| AM | Breakfast - at the club or on your own. |
| 10:00 | First Warning Signal (Championship/Masters, Challenger to follow) Additional races may follow |
| | Lunch – Sailor's lunches will be available for purchase. Lunch will be on the water. The Club will be open for anyone on shore to purchase lunch as well. |
| 4:00 PM | Poker Run pictures due |
| 6:00 | Italian Dinner |
| 7:00 | Interlake Class Meeting |
| 7:30 | Daily Awards |
| Saturday, July 28, 2017 | |
| AM | Breakfast |
| 10:00 | First Warning Signal (Championship/Masters, Challenger to follow) Additional races may follow No warning signal to be made after 2:00 PM |
| After racing | National Awards Presentation |
| | Lunch –EYC restaurant and grill will be available for food and beverage orders – cash or credit. |

We look forward to seeing you at EYC! Details on registration and the Notice of Race will be announced via the Interlake web site, Facebook, and the June Intercom.

Happy sailing!

ISCA Marketing Report

Winter 2018

By Bob Sagan, ISCA Marketing VP, Interlake #1442

Definition: Après Ski: slope-side activities enjoyed after skiing.

For the health of the ISCA I believe we need to focus on four things:

- Organized Après Sailing activities.
- Make sure there is time & energy for Après Sailing activities.
- Make time after sailing to enjoy these activities and camaraderie.
- Tell everyone about it ☺

We all know sailing (as a whole) has been a shrinking sport for a while. The Interlake Class is doing better than most in basically maintaining our numbers through much loyalty and good friends. The question is, "What is it that other people are looking for?" The answer is mostly "Social Fun."

The Class leadership (*Nationals Chairperson, Fleet Captains, you?*) is focusing to intentionally create organized activities for after sailing. A keg of beer is nice and a good part of the ambience but we are talking about additional activities. Après sailing keeps people around and mixes them up. Laughs and stories will be created and remembered. These Après Sailing activities can also serve to fill the time if ever it should happen that the weather isn't cooperating (crazy talk, I know). One of the most fun days at Nationals I've had and heard people talk about was when we got skunked at Indian Lake in 2010. They had lawn games, refreshments, volley-ball, and beach toys for kids. It was family fun time with lots of mixing/getting to know other sailors. I took this experience to GTYC. A couple years ago the same thing happened at a local event so we had a tournament that included corn-hole, foosball, pool, and the "ring game." We never did launch the boats but the fleet still talks about how much fun that was. Legendary.

Racing should not be the sole focus of regattas. (What?!) People and socializing are the reason for regattas, racing is the excuse we use to throw and go to the party. The greatest activities are no fun if there is no time or energy to enjoy them. We are reviewing the time on the water. Fair races, yes. "Grueling Spartan race" events, not so much. The fleet and Nationals organizers remember that this is people's vacation time. Most want good, fair races and fantastic parties. The discussions this winter have had just that focus.

This opinion has spread throughout competitive sailing in the US. "Scuttlebutt" and "Sailing World" have both been promoting the same "it's more than a race" concept for the past year with growing frequency and urgency. As I watch our local HS sailing teams at regattas and talk with the kids, they enjoy the shore-

side camaraderie with their peers/competitors more than anything else. That is the part that creates the most memories. The good times/relationships bring them back. We have been chatting about this for a while. The midwinter Fleet Captain and Board meeting has brought this fun factor to the front.

Rest assured that the chairpersons for the 2018 IL Nationals have this foremost in their minds. Hosts Becky Vardian and Kevin Bracey have been focusing on the "Non-sailing fun factor" since before last Nats was over. Heck, they even have a cruising activity (a poker run inside the harbor and around the city docks, for those who don't wish to race but do wish meet and party with other Interlakers. This event is designed that it will happen purely shore side if weather is *ick!* Our Race chair (VP Terry Kilpatrick) also believes this. He, along with the veteran Interlakers on NRC, will find a good balance. 2018 Nationals could well set a new format, please come and help it be a success.

So to all of you who have so kindly and generously helped put on Nationals and regattas at your own club, do yourself a favor and come to 2018 Nationals to enjoy the payback that you have earned. Yes, you have earned to receive the efforts on your behalf, plus your attendance is the best Thank You possible for those making this effort. It will all be good.

Lastly is to SPREAD THE WORD. Nowadays that includes social media. Take pics, videos of sailing fun (notice I didn't specify racing), shore side fun...AND POST IT. Place it on YouTube. Send me the videos and I'll get them posted somewhere. But nowadays, if we aren't on the web we pretty much just aren't.

Go sailing. Take a non-Interlaker or go with someone less/more experienced than you. That is what the class mission is all about: "to promote the full sport of sailing....and assist the entry level sailor."

So go sailing and remember to:

- Organize Après Sailing activities at your weekly club events (ex: Monthly potlucks with lawn games), and events for after Traveler's series regattas.
- You can't control the weather, but you can control food, beverage, activities.
- Make plans to stay after the event to enjoy those activities and fellow Interlakers.
- Make sure there is time and energy for Après Sailing activities. i.e. don't have people on water too long. Remember, time between races and sailing to/from the course is just about as tiring racing. It is the total time that is most important.
- Spread the work both pre- and post-event, and non-event fun, on social media.

I'm looking forward to one of the most fun ISCA seasons in a long time. Sailing time will be here soon ☺

News from Sandusky Sailing Club

Fleet No. 1

By Bernie Ashyk, Interlake # 1166, Fleet Captain

All is well up here in the frozen North. We have had a couple warm days to tease us and as a reminder that Spring is coming. Here is a short recap of the happenings since we put the boats away last fall.

Once again, the traditional Blue Velvet award was presented during a Chili Potluck Dinner at SSC. The 2017 awardee was SSC Past Commodore Jim Ziss. There is a photo attached showing Jim with all the regalia.

The SSC Annual Awards Banquet was held in early November. Interlake high lights were:

- All four scheduled Wednesday and Sunday series were sailed. Brad Balmert was the overall winner and took home the James Huntley Trophy and the Founders Trophy for having sailed the most Club races.
- Chris Malott received the Annual Most Improved skipper for finishing 3rd overall for the year.
- Mention was made that SSC's Fleet No. 1 was the winner of the Holtzman award for having the most boats participate in the 2017 Nationals in Lorain and for recording the fine showing of 5 out of the top 10 places.

We are looking forward to hosting the Annual One Design Regatta on June 9th and 10th. See the regatta insert with all the pertinent information. Mind you some of the details may change as it is early. We hope that some Thistlers will join us for a fun weekend. Save the date!

Mike Muhn and Brad Huntley will be assisting me with the Fleet administration again this year. Thanks guys.

Stay warm.



SANDUSKY SAILING CLUB



James Ziss – 2017 Blue Velvet award winner



Boats ready for some hard water sailing at Sandusky in January.

2018 Interlake Travelers' Series

| | | |
|--------------|------------------------|-------------------|
| March 9 – 11 | Midwinters | Davis Island YC |
| May 5 – 6 | Chief's Regatta | Leatherlips YC |
| June 2 | Cattail Regatta | Jolly Roger SC |
| June 9 – 10 | One-Design Regatta | Sandusky SC |
| June 16-17 | Cleveland Race Week | Edgewater YC |
| June 23-24 | George Fisher Memorial | Hoover SC |
| July 7 – 8 | One Design Regatta | Indian Lake YC |
| July 14 | One Design Regatta | Lorain S&YC |
| July 25-28 | Nationals | Edgewater YC |
| Aug 25-26 | Great White Regatta | Grand Traverse YC |
| Sept 15 | Hot to Trot Regatta | Portage YC |
| Sept 22 | Haphazard Regatta | Mohican SC |
| Oct 6 | Fall Blowout | North Cape YC |
| Oct 6 – 7 | Poltergeist Regatta | Indianapolis SC |
| Oct 13 | Snowball Regatta | Buckeye Lake YC |

<http://interlakesailing.org/racing-overview/travelers-series-notice-of-race/>



More from midwinters...



ISCA 2018 Winter Board Meeting

January 20, 2018, 10 AM
Catawba Island, Port Clinton, Ohio

Attendees:

Scott Savage, President; Terry Kilpatrick, VP; Tom Humphrey, Secretary/Treasurer; Jeff Clark, Past President; Bryan Parker, Chief Measurer; Bob Sagan, Marketing; Mike Muhn, Historian; Wes Blazer, Builder; S. Aspery, Intercom; Thane Morgan, VP Indiana/Mid-Atlantic; Mike McClinchie, VP S. Ohio; Jim Ward, VP N. Ohio; Jeff Bodie, VP Michigan

I. Reports

- a. Secretary / Treasurer Report:
 1. Savings \$23,229.70 including \$8,470.36 of Boat Grant funds, Checking \$3,819.01.
 2. 2018 Renewal notices will be sent out in February.
 3. 2018 Directories will be printed immediately after renewal deadline in March.
 4. Member lists will include 2017 and 2018 members with indication of those renewed.
- b. Chief Measurer Report:
 1. New hull 1441 by Weatherly will be measured before Midwinters.
 2. Discussion of possible proposals for streamlining measurement activity at the Nationals.
- c. Intercom Report: 2018 schedule:
 1. Deadline Mar 1 - Publish Mar 15
 2. Deadline June 1 - Publish June 15
 3. Deadline Aug 15 - Publish Sept 1
 4. Deadline Oct 15 - Publish Nov 1
- d. National Race Committee Report:
 1. Committee includes: Matt Fisher, Jim Ward, Thane Morgan, Terry Kilpatrick, Kevin Bracy.
 2. PRO will be Joe Colling. Judge will be David Wilbur.
 3. Women's event looks to have great turnout, likely more than 10. Boats will be needed.
 4. Notice of Race to be published by late March.
 5. Entertainment is being coordinated: Italian Dinner, Luau, other "apres sailing" events.
- e. Marketing Report:

Discussion of the importance of non-racing social events and plans at regattas other than Nationals. Written remarks on this thesis prepared by Bob Sagan were reviewed.
- f. Builder Report:
 1. Hull 1441 construction completed, will be measured and come to Midwinters
 2. Hull 1442 construction to start soon; Deposit and order for hull 1443 expected
 3. New boat construction and repair work looks to be steady for the remainder of the winter.
- g. Historian Report:

Muhn reports he has developed a presentation on the history of the Interlake Class, powerpoint and video and live narration, which he can offer to an upcoming fleet meeting, regatta, etc. It includes design influences, construction methods, and other interesting points.

II. Old Business:

- a. New Championship Trophy:

Project continuing to convert Midwinter trophy to a Nationals trophy.
- b. Boat Grant:

Steve Aspery, head of boat grant committee, is looking for a new leader. Still looking for 2018 grantee.
- c. Website overhaul:

McClinchie volunteered to assist with populating content to a new website based on the recently-developed art design.

III. New business:

- a. 2017 Traveler's Series Wrap-Up:

Scoring and Awards will be prepared and available at Chief's regatta.
- b. 2018 Traveler's Series:
 1. Schedule settled in consultation with regional VPs and fleet captains.
 2. Schedule approved, to be published on web site, Intercom and 2018 Directory
 3. 2018 NOR approved using 2017 form with updated dates
 4. Scoring for 2018; McClinchie volunteers to manage 2018 scoring
 5. "Double Star" events: Nationals Only
- c. 2019 Nationals Bidding:

Morgan indicates ISC wishes to bid for the 2019 Nationals



Connect with the people in the Interlake Sailing Class. Tell your story!

2018 Schedule:

| | |
|------------|-------------|
| June 1 | June 15 |
| August 15 | September 1 |
| October 15 | November 1 |

Please send articles and photos to
LAspery@columbus.rr.com

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Builder

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Webmaster

Classified Ads:

Interlake 1273- Grey hull, white deck, seats, stainless centerboard, good condition. Checked out solid and mast base reinforced by Terry Kilpatrick. Includes trailer, North main sail and newer jib, spinnaker by other. Whisker pole, spinnaker pole, paddle, anchor, roller furler equipped. Has boom vang, Cunningham, topping lift, bailers, tank flotation. Dock cover. Dry sailed on Kiser Lake, stored inside. Asking \$2500. Call Alan Keirn at 937-362-3945 or email kba3170@centurylink.net

Interlake 1173 - \$740. It comes with a great trailer. I originally bought this as a project but was never able to get started. Includes two (2) sets of main and jib sails. One set is very old but in working order and the other is used racing sails. One (1) spinnaker. Centerboard trunk is not cut down. Hardware is in working order. Lines and halyards should be replaced. Please contact Robert for more information. (412) 414-6466, robert.durkin@gmail.com

Interlake 867 - Year mid 70's, white hull and deck, one main, jib and spinnaker, forestay tension lever, Harken mainsheet cleat with ratchet block, classic flotation, classic centerboard trunk, anchor, paddle, cockpit cover, trailer with parking jack, \$900. Inspection summary available. Contact Rick Lyons- Sales and service Manager. rl@chartermi.net

Hewitt 1200# boat lift - Aluminum. Used for dry sailing and stored on land in off season. Located at Kiser Lake Sailing Club and can be seen onshore. Have extension leveling legs for use at depths of 4 to 5 feet. Asking \$500. Call Alan Keirn at 937-362-3945 or email kba3170@centurylink.net



Sunset from the upper deck at Davis Island YC



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Photo Debora Parker

NORTH SAILS

The Intercom c/o Tom Humphrey
8 Little Creek Lane
Glendale, OH 45246



NOTICE OF RACE

Chief's Regatta May 5, 6

Leatherlips Yacht Club

Saturday:

Registration: 10-12 a.m. (\$25)
Skippers meeting: 12:30
First race: 1:00
ISCA Meeting after dinner

Sunday:

First race: 10:00
Lunch and awards to follow

Map and directions at Leatherlips.com Contact: Mike Mirarchi (614)876-6850

Cattail Regatta

June 2, 2018

Jolly Roger Sailing Club

*5961 Edgewater Drive
Toledo, Ohio 43611*

Schedule of Events:

0800 – 1100: Registration, Rigging and Launching
1000: Lunch
1100: Competitors' Meeting
1155: First Warning Signal
1200: Start of First Class, Race 1, Races 2 and 3 to Follow

Cocktails and fellowship immediately following races. Our famous Steak and Chicken dinner is back!!

This event will be sailed on a Windward/Leeward course with start and finish in the center of the course. Length and number of times around the course will depend on wind conditions.

For more information contact Ron Gall at 419-450-6972/ron.gall@yahoo.com, or visit our website www.jollyrogersailingclub.com.

Sandusky Sailing Club

ONE DESIGN REGATTA NOTICE OF RACE SHORT FORM

Saturday & Sunday June 9 & 10, 2018

Eligibility and Entry: The Regatta to be sailed on Sandusky Bay, is open to Interlakes and Thistles. You may pre-register (after May 24th) at www.sanduskysailingclub.com. Entry fees will also be accepted during registration on June 9th. *On-Line Registration instructions to follow.* **Registration:** June 9, 0800-1030, SI's available, **Schedule:** June 9, 0800 to 1030 Continental Breakfast/ Registration. 1100 Competitors Meeting / Hour Gun ,1200 First Start (3 races planned);1800 Delicious Dinner and SSC Bar Open. **June 10, 0800 Breakfast 0930 First Start (2 races planned), No start after 1300; 1400 (approx.) Burgers, Awards and departure.**

Fees: Registration fee \$45.00/boat (includes *one* dinner Saturday night at SSC). Juniors (under 18) entry fee includes dinner for skipper and *one* crew. Early registration discount \$40/boat before June 6th. Additional dinner tickets can be purchased at Registration for \$13.00. **Camping:** Tent or RV, on the SSC Grounds is available at \$20.00 per night, no power or outdoor facilities, waiver required. Campers must be 21 years of age or older or accompanied by a parent/guardian.

Contact info: Bernie Ashyk 216-244-3299 or bashyk@shookconstruction.com or bernstera@aol.com

CLEVELAND RACE WEEK – ONE DESIGN
June 15 – 17, 2018
Edgewater Yacht Club
6700 Memorial Shoreway N.W.
Cleveland OH, 44102

Entry fees with early registration discount, if received & completed on or by
May 14, 2018

2 day - centerboard boats \$ 80.00

Entry fees if received & completed May 15 to June 14, 2018
2 day - centerboard boats \$ 130.00

Non US Sailing Members Add \$ 10.00

clevelandraceweek.com